



"Picky Eaters" Feeding Group Starts Fall 2011 at **BUILDING BLOCKS THERAPY**

2 SESSIONS TO CHOOSE FROM!

A 12-week group for kids 3-7 yrs who are struggling to maintain healthy weight and/or have a limited food repertoire.

Mondays 1:00-2:30 in our Falls Church office;

Fridays 1:30-3:00 in our Falls Church office;

Start Date: Mid-Sept, 2011

This group will utilize the Sequential-Oral-Sensory Approach to work at the individual level of each child in a child-centered, playful manner. The SOS approach to feeding addresses the varying sensory needs of each child in order to assist him/her in growing more comfortable with the new foods. The SOS approach is NOT a force-feeding program.

If your child has **a limited diet (1-5 foods), only eats specific textures, refuses fruits and vegetables, and has trouble with mealtimes**, this is the group for you!

For more information please visit our website at:

www.buildingblockstherapy.com

Or send an email to:

Kirstenm@buildingblockstherapy.com

